REGENCY
for expats

Psychology Benefits

Your Regency for Expats International Health Insurance provides access to:

Counselling & Coaching

“LIVELIFE
Strengthen your wellbeing & confidence”

This benefit provides Regency for Expats International Health Insurance members with access to Regency’s team of psychology specialists. Through tele/video conferences, members can consult Regency’s counsellors and coaches with bespoke sessions aimed at helping them achieve wellbeing and personal goals.

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Achieve your wellbeing goals

- MENTAL WELLBEING
- BEREAVEMENT
- ANXIETY & STRESS
- MARRIAGE & FAMILY
- CAREER
- EDUCATION
- SKILLS
- CONFIDENCE

"LIVELIFE WELL"

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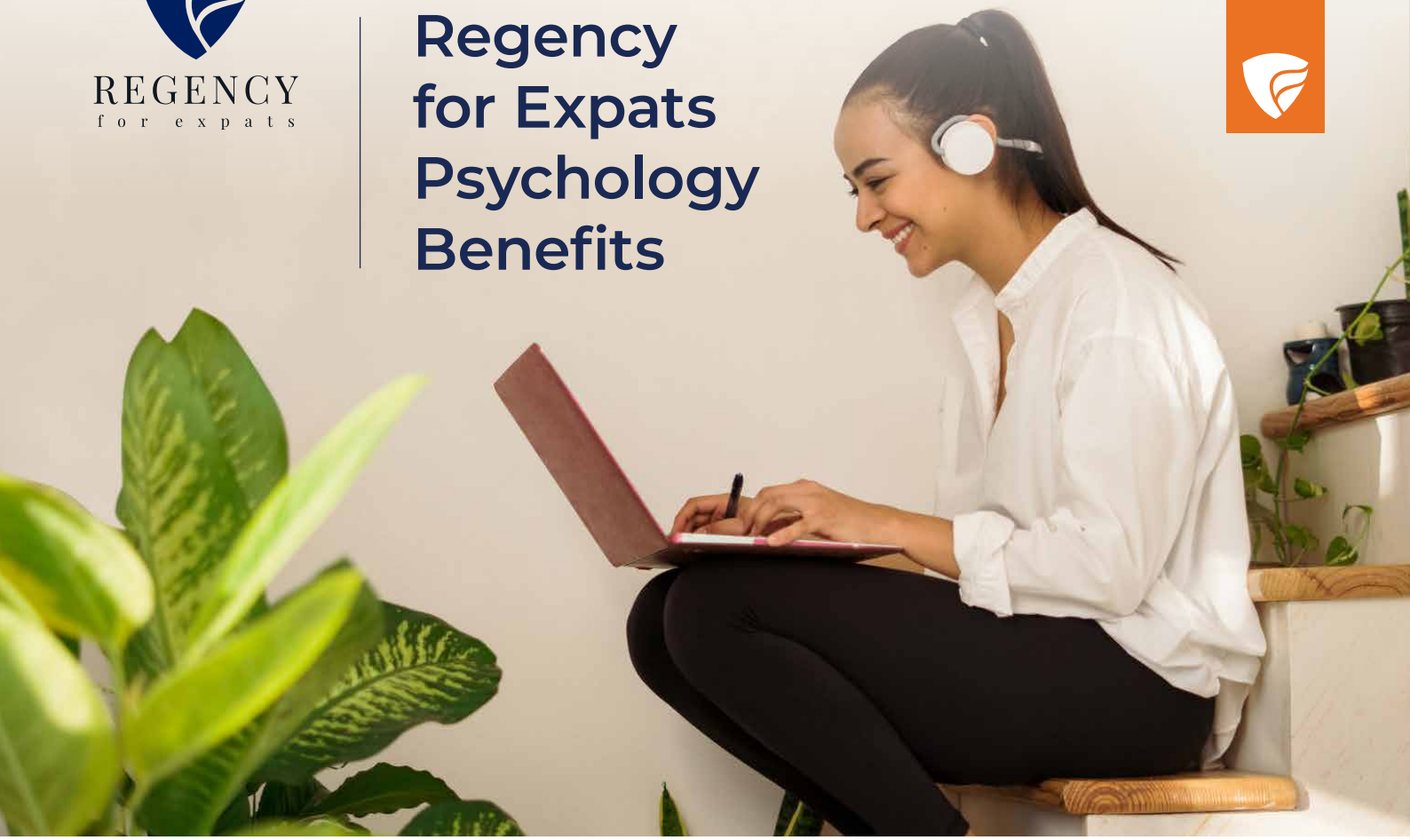
Regency for Expats Psychology Benefits



Regency for Expats, a Regency Assurance company, is a long term licensed insurance company. Access to Regency's psychology specialists is provided to International Health Insurance members under the Major Medical, Standard, Comprehensive and Fully Comprehensive plans, and psychology benefits are only available to existing members with a valid international health insurance certificate of insurance and is subject to the standard terms, conditions, definitions, exclusions and warranties of the international health insurance policy wording.

Regency for Expats Psychology Benefits are available to International Health Insurance members and provides access to Regency's psychology specialists remotely via tele/video conferencing for counselling and personal coaching aimed at strengthening overall wellbeing and confidence.

HOW TO ACCESS

Members wishing to access Regency for Expats Psychology Benefits should contact our Global Assistance Centre.
Email: **claims@regency-ga.com**

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